Bunch Riding Etiquette & Tips

While riding in a bunch, certain rules and etiquette needs to be followed in order to ride safely.

Doing Turns - Having a break from the wind
To help others and last longer by moving up on the wind protected side, or down the bunch on the windy side, you allow yourself to be protected from the wind. This is the reason you see the pros form lines of riders in a diagonal line across the road.

Holding a Wheel - Trying not to gap
By riding as close to the rider in front of you as possible (while still at a comfortable distance), you get a break from the wind. By staying within 30cm of the rider ahead you keep the bunch tight and can respond more effectively to changes in pace. It is important to not overlaps your front wheel with the rear wheel of the rider you are following. Any unpredictable movement by them may cause you to crash.

Holding your line - Being Predictable
As well as holding wheels, you need to hold your line. This means you ride in a straight line and do not swerve suddenly. You should also try to maintain a constant speed as swerving over the road and slowing down and speeding up will quickly alienate you from your fellow bunch riders.

Going Up Hill - Fun for some!
An easy cadence at your own pace is the best way to climb. Blowing up will see you rapidly lose touch with the bunch. Here it is important to maintain your speed when moving